

SOROPTIMIST®

Investing in Dreams

Soroptimist International of Port Angeles Jet Set Jet-Streams



Volume 16 October 2023

MESSAGE FROM PRESIDENT MARGIE

Hello Ladies:

Beautiful October, crispy, crunchy, pumpkin spice. What's not to like? So looking forward to the events to come this month.

But first, September was awesome! So many of you were at the Fog Horn Oil and Vinegar. If you didn't get to go, I strongly suggest you try it out. Everyone was very helpful and informative. Just yummy. A good place to find Christmas presents.

October 12th is our first meeting of the month. Thursday morning you don't want to miss Leslie Bond from Healthy Families of Clallam County. Lots of new things happening there. The Board Meeting that day will be at Downriggers at 11:30 am.

Karen Lavender-Peterson and I will be going to Area Meeting at the Clearwater Casino in Suquamish on October 20-22. We are collecting items for Scarlet Road. Some of you have already given me things that were ordered from Amazon. You can still order, just send them to Denise Austin in Port Orchard with a gift card.

Now the most exciting event for October — The BeWitching Tea, October 28th, 1-3 pm, at the Elks. Everything is coming together. Many thanks to those of you finding contributions to the auction tables. Sell, sell, sell tickets! Because of the tea and decorating on Friday (time to be determined), we won't be meeting on October 26th. So find something witchy to wear and see you all at the tea!

In closing, when the world feels like an emotional roller coaster, steady yourself with simple rituals. Do the dishes, fold the laundry, water the plants. Simplicity attracts wisdom.

Finally, life is too short to fold fitted sheets!! That's for sure.

From one witch to another — blessings on you. And the birds are feasting on my sunflowers!

Margie Castle President





Upcoming Programs

Oct 12	Leslie Bond, Executive Director, Healthy Families of Clallam County, St Andrews 7:00 am	
Oct 19	Business Meeting, St. Andrews/Zoom, 7:00 am	
Oct 26	No Meeting this week	
Oct 28	BeWitching Tea, 1:00 - 3:00 pm, Elks Ballroom	
Nov 9	Program Meeting, St Andrews, 7:00 am	
Nov 16	Business Meeting, St Andrews/Zoom, 7:00 am	
Nov 23	Thanksgiving, No Meeting	
Nov 30	ROAR/SOLT, To Be Determined	
December - No meetings except for the Christmas Party!		

Happy Birthday

The following members have birthdays this month and the following months:

Lisa Wyatt	October 6
Gwen Porterfield	October 8
Stephanie Kinnaman	October 20
Gloria Godfrey	October 21

Brenda Connely November 13 Marsha Robin November 19 Ruth Thomson November 27

Joan Putnam December 4



Upcoming Events & Happenings

October 13-15, 2023

District 3 Meeting

Wildhorse Casino
Pendleton, OR

October 20-22, 2023

District 1 Meeting (ours)

Clearwater Casino & Resort Suquamish, WA Registration Deadline: September 19, 2023

October 28, 2023
BeWitching Tea
1:00 - 3:00ish pm
Elks Ballroom
131 E First Street
Port Angeles

October 27-29, 2023
District 2 Meeting
The Mill Casino & Resort
North Bend, OR

SI Dublin Convention 2023

2023 SI Convention – Keynote Presenter Sean Wensley "Through a Veterinarian's Eyes – Securing Well-Being for Animals, People and Planet"

Dr. Sean Wensley is a Senior Veterinarian for Animal Welfare and Professional Engagement at the UK veterinary charity, the People's Dispensary for Sick Animals (PDSA). He is also a former President of the British Veterinary Association (BVA). This organization's first female President was a Soroptimist!

In 2017 he received the inaugural World Veterinary Association (WVA) Global Animal Welfare Award for Europe. His first book Through a Vet's Eyes: How We Can All Choose a Better Life for Animals was published in 2022.

Dr. Wensley discussed the links between animal abuse and human abuse. He explained instances where sometimes violence is practiced on animals before it is practiced on humans. Reported incidents have proven that children that are abusive to animals have often been abused themselves or had some type of family violence in the home. He believes this demonstrates the powerful connections between animals and humans.

He calls on us to step into the animals' world and treat animals with the respect and dignity that we would treat a human. He also discussed how animal welfare is linked to the United Nations Sustainable Development Goals: zero hunger, climate action, peace and justice, and health. The UN now recognizes that animal welfare is an issue.

Interestingly he pointed out that women are key in forwarding the message of ethical treatment of animals. Approximately 60% of practicing vets in the UK are women, and this figure is comparable elsewhere in the world.



"...we are key stewards of animal welfare. Unlike people, animals do not have a voice; yet they deserve to be understood and have their rights preserved and advocated for."

September 14th Speaker



Our September 14 meeting speaker was Barbara Carr, a retired oncology nurse, who volunteers with the Kathleen Sutton Fund. KSF began as a small local grassroots organization by providing assistance with transportation costs for women with breast cancer and living in North Kitsap County. Due to the tremendous support of the community, grants and fundraising efforts, services have expanded to include Clallam, Jefferson, Kitsap, and Mason Counties and offering help to women with any type of cancer. Since KSF was founded 20 years ago, more than \$1,000,000 in reimbursed travel expense has been given to women undergoing treatment for cancer. To date over 1,700 women have received reimbursement checks.

Do you or someone you know have cancer and need help with transportation costs?

To receive assistance:

- A simple application and referral from your medical provider will initiate the process
- · There is no financial requirement/application
- Reimbursement for your travel expenses are covered throughout your treatment and 6 months retroactively
- KSF Client Advocates will verify treatment, travel dates, routes, and modes of transportation.
- A check will be sent after the KSF Client
 Advocates verify the information
- Reimbursement for ferry fees, mileage, parking, tolls, and any other transit expense for client and companion.

Need Help, call 360.328.1049 or email: help@kathleensutton.org Visit website: www.kathleensutton.org



Reimburses transportation costs fer women undergoing treatment for cancer, living in Clallam, Jefferson, Kitsap & Mason Counties.

How You Can Help

- Share the Kathleen Sutton Fund information with women living with cancer in Clallam, Kitsap, Jefferson and Mason counties: 360.328.1049 or help@kathleensutton.org
- Spread the word, tell your friends and family about the KSF mission
- If you belong to an organization that is not familiar with KSF, an introduction is in order
- Visit www.kathleensutton.org to donate directly
- Become an Annual Fund Supporter
- Sponsor a KSF event/auction
- Become a Kathleen Sutton volunteer
- Like/Follow KSF on Facebook and Instagram.
 Share our posts with your friends & family
- Ask your employer about matching funds
- Create a lasting legacy by including the Kathleen Sutton Fund in your will, life insurance and retirement plans.
- Visit KSF website: www.kathleensutton.org
- Email info@kathleensutton.org for more information



The Kathleen Sutton Fund (KSF) began in 2003 as a small local grassroots organization, reimbursing transportation costs for women with breast cancer, living in North Kitsap County. With the tremendous support of the community, KSF expanded to women with any type of cancer, living in Clallam, Jefferson, Kitsap, & Mason counties. Since its inception, KSF has helped over 1700 women and has distributed over one million dollars.

Committees

SIPA JET SET COMMITTEE DESCRIPTIONS

PROGRAMS OF SERVICE

Economic Social Development & Health

Scholarships to selected graduating senior girls from PAHS, Lincoln HS, and Crescent HS from those eligible to apply; Women of Distinction recognition to community women nominated by club members who volunteer behind the scenes; Healthy Families of Clallam County; Rose House "Jet Set" room (Domestic Violence Survivors Program, part of Healthy Families); holiday meals/gifts for Rose House residents, current/former Live Your Dream Award recipients who are domestic violence survivors; Oxford House support as funds allow; Port Angeles Food Bank donation and collection of money and/or tuna (protein)for the Tuna Challenge annually; donation to Peninsula Behavioral Health.

Education

Two \$1500 scholarships awarded - Vocational and Jean Fairchild academic; \$1200 Educational Grant; spelling bee for grades 4-6 and 7-8.

Environment

Scholarships awarded with environmental focus; support summer programs for Feiro Marine Life Center including ROV (girl focus); support of Girls in Science summer program Dungeness River Audubon; Roctopus maintenance, coastal cleaning of Ediz Hook with community youth; oversee funds earned for Dog Park.

Youth

Boys & Girls Club Campaign for Girls; Lincoln/Crescent HS Girl of the Quarter; Lincoln High School lunch for graduating girls; Boys & Girls Club Christmas party annual event.

Committees (continued)

MEMBERSHIP

Recruitment, Orientation & Retention (ROAR)/Soroptimist Orientation and Leadership Training (SOLT)

ROAR is growth and development: (1) ability to retain current members; (2) ability to attract new members; (3) form new clubs. ROAR is the membership committee and maintains club member contact list birthday list, and directory. Invitations are sent to perspective members, name badges and pins are ordered, and various Club, District, Region, and Federation documents are provided to new members. Coordinates with club members to host a "recruitment" opportunity.

The second aspect of this committee is Soroptimist Orientation and Leadership Training (SOLT). The responsibility of SOLT is:

- 1. Educate club members as to the heritage, purpose, objects, policies, protocol, and programs of the organization;
- 2. Provide an orientation presentation to new members;
- 3. Prepare club members for leadership within the organization and in our own community.

<u>Finance</u>

The Finance Committee is in charge of the budgeting and financial procedures. This committee must be familiar with objectives of the organization, adopted bylaws which are an authority for various budget items, financial requirements of the organization, and adopted financial procedures and policies. The Finance Committee submits the proposed budget for the succeeding year at the business meeting in June. This proposed budget is subject to revisions prior to the July business meeting when it is presented to the club members for approval.

Committees (continued)

Laws & Resolutions

The Laws and Resolutions Committee is responsible for reviewing all proposed amendments to the Soroptimist International constitution and to the bylaws of this federation, and for making recommendations to the club. The committee reviews the bylaws annually and prepares any amendments considered necessary. Any changes to the club bylaws requested by the club's Board of Directors will be prepared and presented to the club members for a vote.

(NOTE: Finance and Laws & Resolutions have been combined into one committee.)

Social

Recognizes members' birthdays; organizes installation of officers; plans fun social events for the club during the year; assists with decorating for special meetings such as the scholarship breakfast, Women of Distinction, holidays; schedules programs during the assigned month.

FUNDRAISER

Ways & Means Committee

All the fundraisers held each year are coordinated through the Ways & Means Committee. Even though all club members are also members of the Ways & Means Committee, each committee selects one person from their committee as a representative to serve on this committee. The Ways & Means committee will select a chair from among these representatives.

The intention of this committee is "project oversite" to the club's approved fundraisers. The Ways & Means committee will help in the following ways:

Committees (continued)

- 1. Make sure a fundraiser has a chair. (Who is not necessarily a member of the Ways & Means Committee)
- 2. Make suggestions as needed to help with the fundraiser.
- 3. Ensure input is received from each committee and member.
- Make sure tasks assigned to an individual or a committee are completed.

In order for fundraisers to be successful it takes everyone pitching in. This committee coordinates those efforts.

FEDERATION/INTERNATIONAL GOODWILL

This committee oversees the "signature" Federation programs, Live Your Dream Award and Dream It Be It (Girls Circle). There is a process to the selection of the Live Your Dream Award winner which is facilitated by a member of this committee. The Live Your Dream Award is given to a women meeting specific criteria such as "head of household" and seeking higher level education often in the midst of extreme circumstances. Dream It Be It is meant to be a mentoring program for young women, middle/high school age.

This committee also facilitates an annual event focusing on human trafficking awareness, sees that funds are provided for the December 10th SI President's Appeal, and seeks nominations at the end of our club year for the Jet Setter of the Year award.

Helping Hands



Contact Information

Dan Montana, Community Paramedic dmontana@cityofpa.us

Becky Taft, District 1 Director <u>d1director@soroptimistnwr.org</u>

Steve Methner, Dream Playground <u>stevemethner@outlook.com</u> www.padreamplayground.org

Online Meetings

Meetings will be held in person and online for those wishing to join virtually. An email will be sent out with the Zoom Audio/Video Conference Information for each meeting.

Our business meetings will need to have a majority of the club participating either in person or online. The meetings also provide you with needed appropriate social contact to help keep you healthy in mind as well as body.

At a minimum, please participate in the **CONFERENCE CALL**. This is the easiest and most accessible to all and can be accomplished by anyone who has a telephone. **Please know how to MUTE and UN-MUTE your phone** to eliminate background noise. Just call the conference number 2-5 minutes prior to the meeting.

See the most recent email for up-to-date information on logging in to the Zoom meeting by either phone or computer.

If you have internet access on your personal computer, laptop, etc. and would like to participate in the video conference, please set up your device ahead of Thursday's meeting. If you cannot set this up ahead of time - please use the conference call information above, and we will work with everyone to ensure they can get setup for video conferencing in future.

If you log on from your computer, you will need a microphone and audio capabilities (speakers) If you do not have a microphone and/or speakers - just dial the conference number above to get into the audio portion of the meeting. Please login to meeting 10-15 minutes before it is scheduled to start.



Breakfast/Program Schedule 2023-24

MONTH COMMITTEE

September Youth

October Economic/Social Development/Health

November Education

December Social for Holiday Party - no meetings

January All Club Members

February Finance/Laws & Resolutions

March Environment April ROAR/SOLT

May Federation/International Goodwill

June All Club Members
July All Club Members

August No Meetings

Website Address: sijetset.com

Facebook Address: facebook.com/sijetset

Email address: siportangelesjetset@soroptimist.net

Soroptimist International of Port Angeles—Jet Set Board Members 2023-24

Margie Castle Mary Galvin
President Past President

Unfilled Traci Boe

President Elect Board Member—Director

Kathy Estes Karen Lavender-Peterson Secretary Board Member—Director

Wende Porterfield Sylvia Orth

Treasurer Board Member—Director